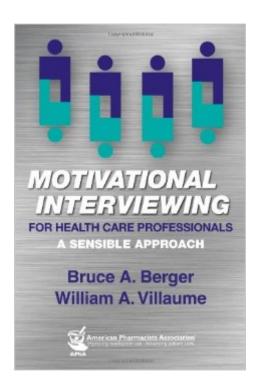
The book was found

Motivational Interviewing For Health Care Professionals





Synopsis

Motivational interviewing has been shown to improve treatment adherence and outcomes, promote health behavior change, improve patient satisfaction with care, and increase retention rates in complex case management. Motivational Interviewing for Health Care Professionals: A Sensible Approach presents a new way of teaching the theory and practice of motivational interviewing to health care professionals. The book illustrates how motivational interviewing effectively replaces everyday persuasive strategies and language habits that trigger resistance in patients. It addresses those aspects of motivational interviewing that typically pose problems for health care professionals such as how to share medical expertise while at the same time empowering the patient by maintaining his or her autonomy in the decision-making process. Using motivational interviewing skills will enable health care professionals to communicate with patients in a clear, concise, and structured way. Health care professionals in all practice settings will have a greater impact on improving patient outcomes by using the tools and skills in this book. Key Features: New theoretical description of motivational interviewing developed specifically for health care professionals Practical, step-by-step approach to motivational interviewing Over 35 health care professional/patient dialogues demonstrate motivational interviewing skills Three case studies including comprehensive dialogues and analyses demonstrate effectiveness of motivational interviewing in health care Links to vides of the case studies

Book Information

Paperback: 240 pages

Publisher: American Pharmacists Association; 1 edition (August 1, 2013)

Language: English

ISBN-10: 158212180X

ISBN-13: 978-1582121802

Product Dimensions: 6 x 0.6 x 8.9 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars Â See all reviews (18 customer reviews)

Best Sellers Rank: #68,801 in Books (See Top 100 in Books) #13 in Books > Business & Money

> Industries > Pharmaceutical & Biotechnology #20 in Books > Textbooks > Medicine & Health

Sciences > Administration & Policy > Hospital Administration & Care #35 in Books > Medical

Books > Administration & Medicine Economics > Hospital Administration

Customer Reviews

Congratulations to the authors on the BEST Book and approach to Motivational Interviewing! In the midst of growing interest in Motivational Interviewing and Health Coaching as a way of improving patient engagement (or my preferred term of 'person engagement') new communication approaches are clearly needed. With the major shift in our U.S. health care delivery system to engaging the 'real decision-maker', the patient/person in their own health care and lifestyle management decisions, this book is a MUST. What makes this approach to Motivational Interviewing so valuable to all health care providers is the fact the authors use sense-making and practical reasoning. Unfortunately although with good intent, other Motivational Interviewing approaches are more of a communication protocol than truly exploring and facilitating the best decision-making approach between patient/person and their provider(s). With an increasing focus on the importance assisting the persons in our care in creating and managing healthy lifestyles for prevention and chronic care management, only the patient/person knows the reasons or purpose that will be important enough to make lifestyle change AND the way he or she would like to approach the change process. This requires true heart-felt recognition of the patient/person's values, decision-making process and knowledge of what and how they can effectively make change. This Motivational Interviewing communication approach by Bruce Berger and Bill Villaume truly values the person and is not overly focused on a protocol to address perceived resistance as other MI approaches seem to be, but as a sincere approach to engagement of the person!

This book is every bit as profound as Stephen Coveyâ TMs principles of empathic communication: â œseek first to understand, then to be understoodâ •. In Motivational Interviewing for Health Care Professionals, Berger and Villaume explain why â œhowâ • we talk with our patients is as important as â œwhatâ • we say. They explain how, when we engage with our patients as respected partners, our patients will teach us how they make sense, and what importance they place on their health, their illness, and the health and treatment options we might suggest. This vital information gives us the key to successfully support their continued efforts. With this book, Berger and Villaume share the mastery of a professional lifetime. To prompt lasting learning, they conclude every chapter by summarizing key points. They then review with questions. Sample dialogues throughout illustrate their points. Web-linked video vignettes make the learning almost live. The IOM called-out patient-centeredness as central to overcoming many pitfalls of contemporary healthcare practices: Berger and Villaume teach us how. By coupling empathic communication with a new respect for our patientsâ TM expertise â œon their livesâ •, their MI returns a missing humanity and new-found success to our oft-frenetic professional lives. Berger and Villaume explain the psychodynamic

foundations. They illustrate a way of being - for collaborative wellness, and guide us to making a lasting positive contribution to anotherâ TMs life.We learn how MI is as much about ourselves, as it is about our patients.

Download to continue reading...

Motivational Interviewing in Health Care: Helping Patients Change Behavior (Applications of Motivational Interviewing (Hardcover)) Motivational Interviewing with Adolescents and Young Adults (Applications of Motivational Interviewing) Building Motivational Interviewing Skills: A Practitioner Workbook (Applications of Motivational Interviewing (Paperback)) Motivational Interviewing in Nutrition and Fitness (Applications of Motivational Interviewing (Paperback)) Motivational Interviewing for Health Care Professionals Motivational Interviewing for Health Care Professionals: A Sensible Approach Interview: The Art of the Interview: The Perfect Answers to Every Interview Question (Interview Questions and Answers, Interviewing, Resume, Interview Tips, Motivational Interviewing, Job Interview) Chronic Care Professional (CCP) Health Coaching Motivational Interviewing Certification Manual Curriculum-Based Motivation Group: A Five Session Motivational Interviewing Group Intervention iPhone for Work: Increasing Productivity for Busy Professionals (Books for Professionals by Professionals) Introduction To Research And Medical Literature For Health Professionals (Blessing, Introduction to Research and Medical Literature for Health Professionals wi) Aromatherapy for Health Professionals, 4e (Price, Aromatherapy for Health Professionals) Cats: Cat Care- Kitten Care- How To Take Care Of And Train Your Cat Or Kitten (Cat Care, Kitten Care, Cat Training, Cats and Kittens) Dogs: Dog Care- Puppy Care- How To Take Care Of And Train Your Dog Or Puppy (Dog Care, Puppy Care, Dog Training, Puppy Training) Health Policy: Application for Nurses and Other Health Care Professionals Math for Health Care Professionals (Math and Writing for Health Science) Essentials in Hospice Palliative Care - Second Edition: A basic end-of-life manual explaining how to care for the dying and helps health care workers, family and patients deal with death and dying. Beginning Nokia Apps Development: Qt and HTML5 for Symbian and MeeGo (Books for Professionals by Professionals) Pro Visual C++/CLI and the .NET 3.5 Platform (Books for Professionals by Professionals) Practical Android Projects (Books for Professionals by Professionals)

Dmca